

"This is the real Fountain of Youth"
Dr. Kursten Reynolds

"This book will change your life"
Harold Sehlgor (NY Inquirer)

"Groundbreaking"
Tim Stafford (The Review)

"A blueprint for better health"
| T. Upton (Longevity Magazine)

30 Days To SuperPowers

Get a Flat Stomach and Look 15-to-20 Years Younger, in Ten Days or Less, using these Scientifically Proven Techniques

Inside this book:

- The Ancient Practice used by the Egyptians to restore youth and shed excess fat, fast
- The natural "makeup" that will get you looking 15-to-20 years younger, in ten days or less
- What no one has told you about weight loss--a simple technique guaranteed to bring results
- Never get sick again: Use this simple hack
- Doctors left flabbergasted at seeing the X-ray results: 20 cancerous tumors completely gone
- The \$3-dollar remedy that cured a mechanic of late-stage cancer, leaving the doctor flabbergasted at seeing the X-rays: 20 tumors completely gone!

by Kris Kemp



30DaysToSuperPowers.com

TheShiftDiet.com

KrisKemp.com

“This is the real Fountain of Youth”
Dr. Kursten Reynolds

“This book will change your life”
Harold Sehlgor (NY Inquirer)

“Groundbreaking”
Tim Stafford (The Review)

“A blueprint for better health”
T. Upton (Longevity Magazine)

30 Days To SuperPowers

Get a Flat Stomach and Look 15-to-20 Years Younger, in Ten Days or Less, using these Scientifically Proven Techniques

Inside this book:

- The Ancient Practice used by the Egyptians to restore youth and shed excess fat, fast
- The natural "makeup" that will get you looking 15-to-20 years younger, in ten days or less
- What no one has told you about weight loss--a simple technique guaranteed to bring results, fast
- Never get sick again: Use this simple hack
- How to Lose 48 pounds and Look 23 Years Younger without Pills, Medication, or Surgery
- The \$3 remedy that cured a mechanic of late-stage cancer, leaving the doctor flabbergasted at seeing the X-rays: 20 tumors completely gone!

by Kris Kemp



DISCLAIMER: The information contained in this ebook/book/website/video is for educational purposes only and is not intended to treat, diagnose, cure, or prevent any disease. You should always seek the advice of your physician or otherwise qualified healthcare provider with any questions you have regarding a medical condition before undertaking any diet, exercise, supplement, health program, or other procedures discussed in this ebook/book/website/video.

Share this ebook

I encourage you to share this ebook with everyone you know. Let's get the truth about these natural cures out into the world, so people can use them to heal themselves and not be crippled, physically and financially, by pharmaceutical companies that put profits ahead of people. Make a difference, by helping people learn the truth about these natural cures.

Also, share the website with your friends and family.

www.30DaystoSuperPowers.com

Why am I selling this ebook?

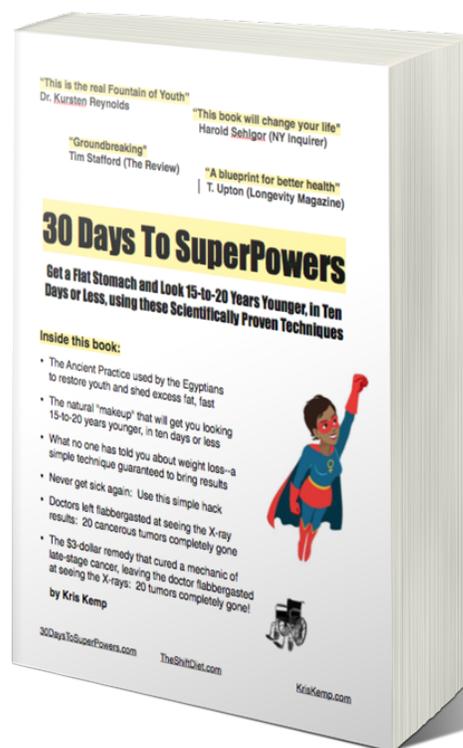
Paying for the ebook helps to offset the costs involved (domain name fees, hosting fees, theme fees, autoresponder costs) as well as time costs (priceless).

People tend to value things that they pay for, and dismiss things that are free. If I offered this ebook for free, it's likely that less people would value it, or read it. That being said, or typed, if you know someone who wants a free copy, send them your PDF copy, or tell hem to email me at:

bicycledays@yahoo.com with "send me free copy of 30 Days to SuperPowers" in the subject line.

Kris Kemp

bicycledays@yahoo.com



Get a Flat Stomach and Look 15-to-20 Years Younger, in ten days or Less, using these Scientifically Proven Techniques

In this ebook, you'll discover:

The Ancient Practice used by the Egyptians to restore youth, burn excess fat, and build muscle, fast

The natural "makeup" that will get you looking 15-to-20 years younger, in ten days or less

What no one has told you about weight loss--a simple technique that is guaranteed to bring you results, fast

The "controversial" way to boost your immune system so you never get sick again

The natural remedy that cured a Pennsylvania mechanic of late stage "terminal" cancer, leaving the doctor flabbergasted at seeing the X-rays - 20 tumors completely gone

A natural and free cure for cancer and all other diseases that most people have never heard of

The Secret Shampoo Recipe Used by Eskimos

How to Lose 48 pounds and Look 23 Years Younger

How to Grow Hair and Restore Hair to Original Color

And more, much more ...

Warning

This ebook reveals the truth about diet, weight loss, aging, and natural cures.

The truth is simple and profound.

If you want to shed excess weight, safely and quickly, and, if you want to reverse the aging process, looking 10-to-20 years younger, in as little as ten days or less, read this ebook and apply the techniques.

Reviews

“30 Days to SuperPowers reveals the anti-aging secrets that work, that are scientifically proven, that are safe and effective. This is the real fountain of youth. These techniques have been used by ancient cultures throughout history. Yet, due to the fact that they cannot be packaged as a pill or treatment, they are dismissed by the mainstream medical establishment.”
Dr. Kursten Reynolds

“This book will change your life, one page at a time.”
Harold Sehlgor (New York Inquirer)

“Defies conventional thought. Revolutionary. Unconventional. Groundbreaking.”
Tim Stafford (The Review)

“A blueprint for better health, without the gym or pills. Thousand-year old strategies that work today. A must-read.”
Theresa Upton (Longevity Magazine)

"A fascinating read! Why haven't we heard about these amazing cures? The fact that they are free leads me to believe that the medical mafia wishes to keep these cures, that are both safe and effective, in the dark.”
Shane Blackwell (Natural Health Web)

“A book that's likely to start conversations that end in heated debates.”
Rebecca Gerstein (Body & Mind)

“This peculiar book details Kemp's journey from a down-and-out NYC camera operator to a documentarian in the Amazon Rainforest, and the subsequent discoveries that inspired him to pursue further research into the area of natural cures. Part confession, part adventure story, part research document, *30 Days to SuperPowers* puts a magnifying glass on the techniques and practices that that were, and are, used to cure a myriad of diseases. Ironically, or inevitably, these cures have been ignored by mainstream medical establishment, leading the reader to wonder, Are these results being ignored, or ridiculed, in order to keep the pharmaceutical companies in business? Raises questions worth considering, and answers worth investigating.”
Michael Gibbs (Santa Fe Tribune)

"Brave. Introspective. Funny. Informative."
Rodney Walker (New Orleans Chronicle)

"A mid-life crisis that leads to serendipitous events sends an out-of-work cameraman to the Amazon Rainforest, where he witnesses extraordinary feats of strength and women who do not appear to age, among other things. He soon finds out about their unique practices that appear to bring them such beneficial and supernatural results. And this is just the beginning. He returns to New York City, does further research, and finds obscure and out-of-print books that seem to justify these practices, providing evidence of healing, including cures for a plethora of diseases, and even complete remissions of cancer. The evidence appears to be anecdotal at best, and doctors are likely to call these cures cases of 'spontaneous remission'. Medical professionals are likely to be skeptical. Conspiracy theorists are likely to be believers. Most people are likely to fall somewhere in the middle. Regardless of what camp you fall into, this book will probably be called "controversial" by most, or "well-meaning, but derivative and conspiratorial" by some, and "a slap-in-the-face that the medical establishment deserves" by others. Although the book wasn't meant to be divisive, the reader will be left to choose a side. That being said, read with caution."

Clint Mitchell (HealthLine USA)

"The best part of *30 Days to SuperPowers* is the story at the beginning. From then on, the book loses steam. What starts out as a journal ends up becoming a research paper on obscure natural health cures that have ended up in the dustbin of history. Personally, I feel that Kemp is more at home writing introspective, journal-type stories than a broad analysis of health and medical procedures. His whimsical storytelling and penchant for hyperbole fail to provide the resources required for this kind of topic. The attempt, although well-meaning fails to reach any understandable conclusion. A research assistant, who is also a certified medical professional, would have helped solve this issue. Despite the lack of a solid narrative, the book does raise relevant questions regarding natural cures and the state of modern medicine. For this, a golf clap is in order."

Jean Belmont (Paris Review)

"An interesting tale. Take this book with a grain of salt. Sea salt."

Delaware Chronicle

“From the Concrete Jungle of New York City, to the Amazon Rainforest Jungle, to the Natural Treatment Jungle, this book explores the forgotten cures that have been dismissed or outright forbidden by the Medical Establishment. In this gonzo-style story laden with errant musings and self-introspection, Kemp weaves an interesting tale of discovery and adventure. This ultimately leads to his return to The City, and his epiphany to share these “forgotten cures” with the world. Kemp, a former journalist, has a flair for writing quick, snappy sentences that move in a rhythmic fashion. Ultimately, this is a story about self-redemption, and stepping into the void in order to pursue a greater mission. Although the pacing is uneven in some parts, *30 Days to SuperPowers* is worth reading.”

Jeff Lipton (Philadelphia Tribune)

“Explore the free spirited adventure of a NYC-based camera operator who gets a chance to go to the Amazon Rainforest, and discovers some weird practices that bring even weirder results. A delightful romp, this book is one that you’ll be sure to remember.”

Susan Gamble (Wyoming Free Press)

“More than a book, a bomb for the mainstream medical establishment. Making the decision to read this book is akin to pulling the pin on a hand grenade—the myriad of testimonials from people being healed of all sorts of diseases and ailments, simply from practicing urine therapy, urine-fasting, and fasting, will destroy your faith in mainstream medicine. This powerful story and these controversial cures are likely to get this book banned from all major booksellers. Read it while you can.”

M. Thomas (Living Free)

“This book will shake you to the core. Almost everything you’ve been told about health, diet, and disease, by doctors and medical professionals is wrong. Those who read it all the way through are likely to look at the world in a new way. Read it. But, don’t expect to be the same afterward.”

Jim MacCullagh (Salt Lake City Register)

“If you want to find out the truth about natural health cures, this is your book. Prepare yourself for a journey and discoveries that will change the way you think about diet, health, and modern medicine.”

Terry Brock (San Diego Chronicle)

“This book will move you from one emotional state to another. Initially, I felt sympathetic with the the main character, whose downward spiral offered bleak prospects. When an opportunity presented itself for a trip abroad, I got excited for him. When he enters this new territory and witnesses feats that defy conventional logic, I got very curious. This sets him on his next mission and that is where this book was birthed. From here on, I was, to be quite honest, skeptical. In order to find justification for my skepticism, I continued reading. This is where the book shifts. It turns into a collection of testimonials culled from other resources—mainly out-of-print books sharing miracle cures and folk remedies. Despite the fact that most of these testimonials appeared to be anecdotal, I found the accounts both intriguing and unsettling. Intriguing because they aroused my curiosity to the point where I’ve already placed orders for some of these rare books online. Unsettling because, if these cures really do work, why aren't they being used in hospitals, why aren't they being shared with the world?”
Abigail Montrose (North Carolina Today)

“At times entertaining and at times slow-moving, *30 Days to SuperPowers* chronicles the pursuit of the extraordinary amidst the backdrop of New York City and the Amazon Rainforest. In this thought-provoking book, strange practices used by a remote Amazon tribe bring miraculous results that defy conventional logic. The author arranges an interview with one of the tribes people, and learns about their traditions and rules. Upon returning to NYC, he does further research and uncovers out-of-print books that provide additional evidence for these "strange practices". What starts out as a journal becomes an adventure, then turns into a mission. Kemp writes in a style that's reminiscent of Kerouac, a kind-of wanderer who misses a time that never was, and longs for a place that will never be. His tendency to drift into hyperbole allows him to cover any sense of unease with a lasagna layer of lackadaisicalness. Due to time constraints, I got through the first forty pages, then skimmed the rest. You might not remember all the details of this book, but you'll be sure to remember the jest of the story. It's an unpolished gem. This story needs some shaping and some shining to draw the attention of passersby. Still, it's a gem, nonetheless.”
Karen Glenwald (Oklahoma Citizen)

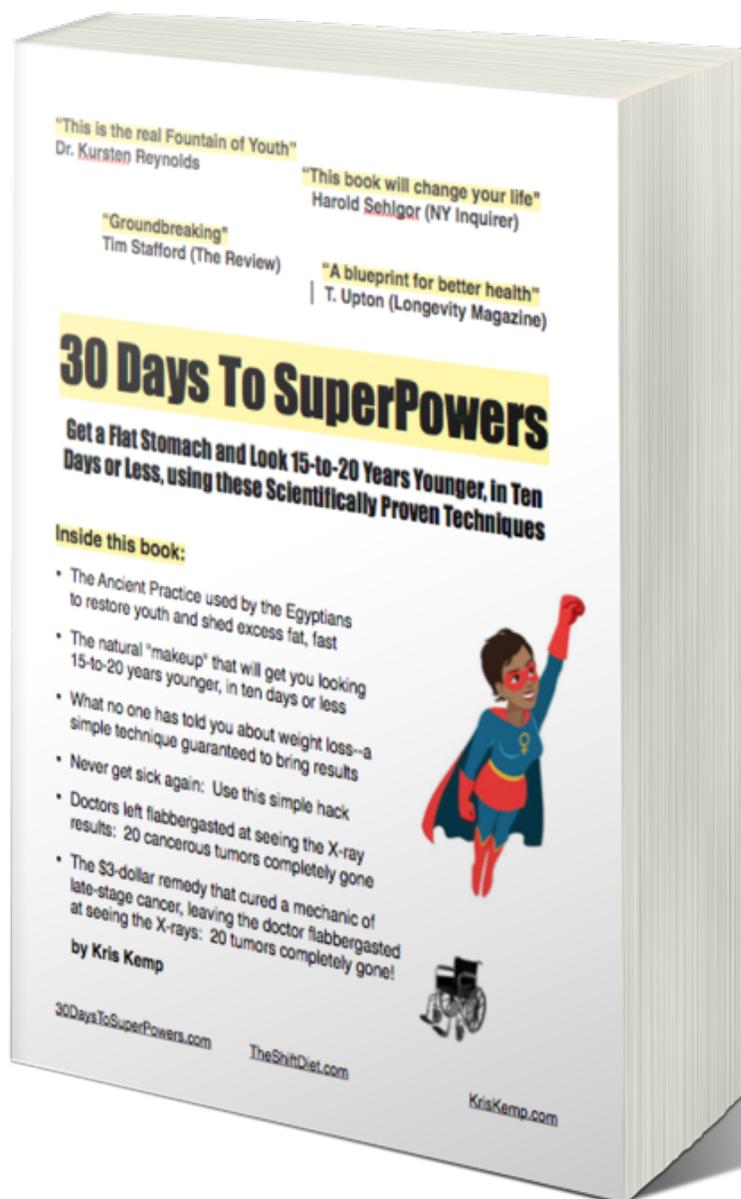
In this ebook, you'll discover:

- The Ancient Practice used by the Egyptians to restore youth and shed excess fat, fast ... 66
- The natural "makeup" that will get you looking 15-to-20 years younger, in ten days or less ... 216
- What no one has told you about weight loss--a simple technique guaranteed to bring results, fast ... 66
- Never get sick again: Use this simple hack ... 180
- Doctors left flabbergasted at seeing the X-ray results: 20 cancerous tumors completely gone ... 214
- 2 Diet Myths that are Causing You to Stay Fat and Sick ... 73
- Fasting: Atomic Power with God ... 85
- Skip the Aftershave—Use this Instead ... 194
- A Free Remedy for Dandruff and Hair Loss ... 195
- The Miracle Cure Ignored by Modern Medicine ... 203
- How to Cure Arthritis, Migraines, and Obesity ... 213
- She Lost 68 pounds with this “weird” cure ... 213
- Cancerous Tumors Destroyed ... 214
- How to Look 11 Years Younger ... 227
- Asthma Attacks Ceased ... 230
- Brain Tumors Disappeared ... 236
- Get A Flat Stomach and Look Younger ... 244
- 28 Days Later, A Woman Looks Much Younger ... 256



- The Dogma That's Killing People ... 258
- Completely Cured of Cancer ... 259
- How to Alleviate Menstrual Pain ... 271
- Eyesight Restored with this Free Remedy ... 272
- How to Cure Psoriasis and Eczema ... 273
- How to Look 14 Years Younger ... 274
- She Lost 48 pounds and Looks 23 Years Younger ... 277
- Irritable Bowel Syndrome (IBS) Cured in One Month ... 278
- An Asthma Cure Most Doctors Don't Know About ... 279
- Given A few Weeks to Live, This Man is Sent Home to Die by Doctors, and Discovers Miracle Cure and is Restored to Perfect Health ... 283
- Gray Hair Restored to Original Color + New Hair Grows ... 283
- He Lived to Be 100 Years old with this Simple Technique ... 300
- The Secret Shampoo Recipe Used by Eskimos ... 305
- Testimonials of Amazing Cures with this Free Therapy ... 310
- The Secret of Eternal Youth ... 331
- The Trifecta of your SuperPowers ... 349
- Water Cure Recipe to Heal Diseases ... 369
- Over 76 Diseases Cured with this \$3 Remedy ... 373
- Cure Testimonials ... 393
- The 5-minute version of this Ebook ... 63 / 400
- And much, much more ...





About the ebook

You are about to discover the truth about diet, weight loss, aging, and natural cures.

The truth is simple and profound.

If you want to shed excess weight, safely, and quickly, and, if you want to reverse the aging process, looking 10-to-20 years younger, in as little as ten days or less, read this ebook and apply the techniques.

This ebook will show you how to ...

Get a flat stomach and look 15-to-20 years younger, in ten days or less, using these Scientifically Proven Hacks / techniques

What's inside the "30 Days to SuperPowers" ebook?

Burn Excess Fat, Easily

Revealed: The ancient practice that was used by the Egyptians to restore youth, burn excess fat easily, and build muscle fast.

This "weird" technique enabled them to dominate the Olympic games of their day. This little-known technique is finally revealed. Also included are links to additional, hard-to-find PDF ebooks

Look 15-to-20 Years Younger

Discover the "Natural Makeup" that will get you looking 15-to-20 years younger, in ten days or less.

Prepare to be shocked by this "unique" secret that cosmetic companies don't want you to know about.

This closely guarded secret alone will get all your friends to comment: "Your skin looks amazing. What are you doing to look so good?"

Now that you know this secret, you'll never buy makeup again. This, alone, will save you thousands of dollars. This will also free up hundreds-of-hours of time applying makeup and cosmetics, most of which contain toxic ingredients.

Get a Flat Stomach

Ready to discover how to eliminate that embarrassing pot belly once and for all? Ready to get the flat stomach (beach body) that will get you feeling confident again?

Inside "30 Days to SuperPowers", we'll cover the scientifically proven but nearly forgotten method that will transform your body into something you can be proud of.

Be prepared for glances from passersby, introductions invites to parties from beautiful strangers, and opportunities that you'll be sure to remember.

Weight Loss Secrets Revealed

What no one has told you about weight loss--a simple technique that is guaranteed to bring you results, fast.

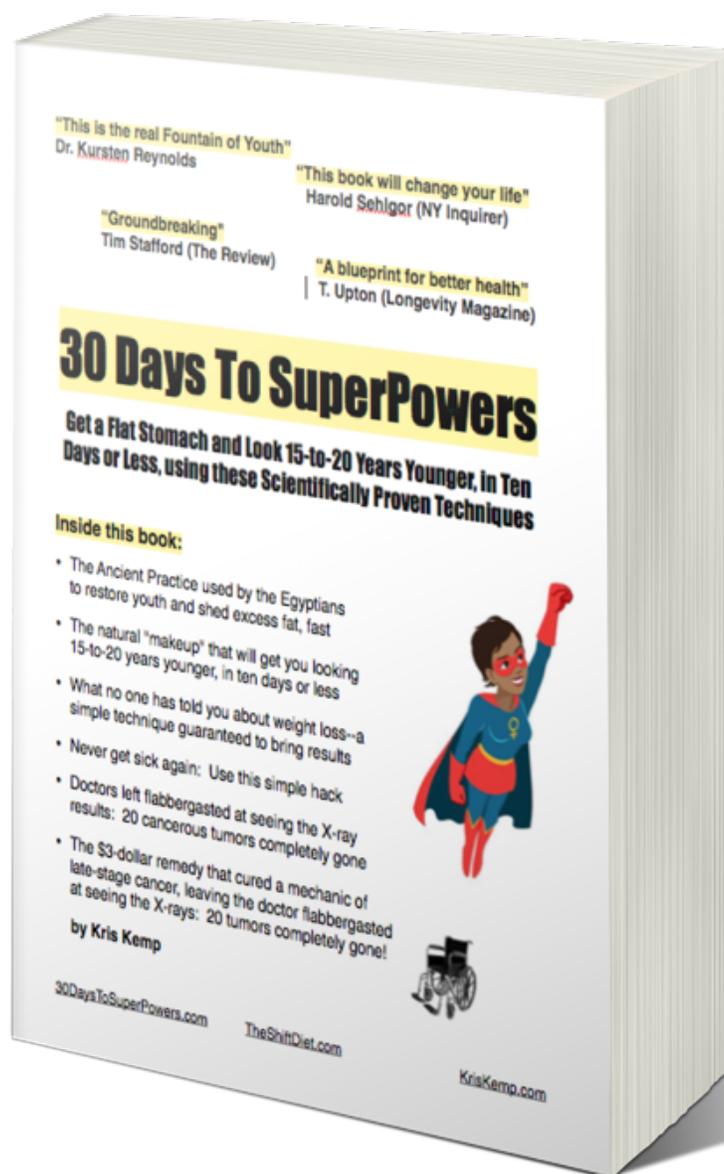
The 5-Minute Immune System Boost

The "controversial" way to boost your immune system while never getting sick again.

Natural Cures for Cancer

The natural remedy that cured a Pennsylvania mechanic of late stage "terminal" cancer, leaving the doctor flabbergasted at seeing the X-rays ... 20 tumors completely gone!

And much more ...



About the Author



My name is Kris Kemp. I'm a writer, musician, photographer, traveler, and creative entrepreneur. My writings include a novel, 20 ebooks, 5 screenplays, 2 musicals, hundreds of blog posts, and hundreds of email sequences. Although I have a variety of interests, they share the common theme of freedom—time freedom, financial freedom, health freedom, travel/location freedom.

Check out my novel at: www.TheRailsNYC.com

What people have said about me

“You were the internet before there was internet.”

Meghan (Realtor, Palm Beach, FL)

“Kris is a genius”

Tony (Ad Exec, Chicago)

“The most creative person I've ever met.”

Ben (Restaurant Mgr, Actor, New York City)

“You're the exception to every rule.”

Ryan (Commercial Fisherman, West Palm Beach, FL)

“A comedian and playwright, an inspirational leader”

J.T. (Actor, Writer, New York City)

Contact

Kris Kemp

bicycledays@yahoo.com

www.KrisKemp.com

Self-Development Made Simple

www.KrisKempCreative.com

Build an Audience & Grow your Profits

The Story behind 30 Days to SuperPowers

Are you tired of looking older than your actual age?

Are you tired of being mistaken for your Dad or Mom?

Are you so ashamed of your pot belly, that you refuse to take off your shirt in public?

Is your out-of-shape physique killing all your confidence?

My friend, you're not alone.

I know how it feels.

A few years ago, I was in the same position you are—carrying an embarrassing pot belly, overweight, with fat rolls at my midsection, and looking older than my actual age.

I know how it feels to go unnoticed or even looked at with pity.

It sucks.

It sucks going unnoticed, or being completely ignored, by that "special someone" you have a crush on.

It sucks having zero confidence because of your body or appearance.

In this culture where beauty and youth are celebrated and even idolized, it sucks to be thrown out with the trash because of one's looks and appearances.

I know how it feels.

A few years ago, I was in poor physical condition--40 pounds overweight, and looking older than my actual age.

Then, other aspects of my life began to fall apart.

Things went from bad to worse.

I thought of leaving The City, moving back in with my parents, in order to get situated, sort things out, and start over.

Little did I know that, amidst this downward spiral, things were being set into motion for something greater to happen, something that would change everything.

To tell you the short version of this story: I discovered an ancient technique that is scientifically proven to reduce fat and restore a youthful appearance.

Historically, this ancient technique has been used by people around the world to restore health, reverse the aging process, and cure all manners of diseases. This method was used by the ancient Egyptians to dominate the Olympic games of their day. Even today, this ancient technique is still being practiced successfully, mainly in countries outside of the United States.

Why haven't you heard about it?

Good question.

Probably because Big Pharma (pharmaceutical companies) don't want you to know about it, because it works!

At this point, you might be skeptical.

I don't blame you.

If I were reading this, I would probably think something similar.

But, before you go, let me tell you one thing ...

What you're about to read can, and will, change your life for the better.

If you're embarrassed by your pot belly ...

If you're tired of looking older than your actual age ...

If you're suffering from any number of health challenges ...

I want you to know something

You're not alone.

A few years ago, I was carrying an embarrassing pot belly and looking 10 years older than I actually was. Even my hair was thinning.

At the time, I was working as a cameraman for a production studio in Red Hook, Brooklyn, New York. Even though the pay was decent, the hours were excruciatingly long, and the travel, which was fun at first, eventually became stressful. That, combined with the deadlines, added elevated stress levels and I used food as an escape. I ate snacks 24-7. As a result, I got fat.

My girlfriend started becoming “less available”, especially when it came to going out in public with me. Soon after, she started going out more with her girlfriends. A few weeks later, she broke up with me via a text message. I can’t say I blame her. I would have broken up with me, too.

I was in a spiral ... working, eating, and feeling alone after the breakup. I needed a way to cope: eating more. I got fatter.

The fatter I got, the more ashamed I felt of how I looked.

At this time, I would have never guessed that, amidst this downward spiral, things were being set into motion for something greater to happen, something that would change everything.

Little did I know that everything would change in a way I could have never expected ...

In the meantime, I was spending more time wandering the streets of New York City, walking to try and lose some weight, keep my spirits elevated, and keep my mind from going to the dark corners.

Seeing all the slim, model-types roaming The City made me feel worse about myself. (I started hating them, even though I was attracted to them, and admired them, which made me feel as if I was going mental.)

To make matters worse, the owner of the production company, where I worked, was getting inundated with requests from applicants who were applying as interns—offering to work for free. These kids, and I call them that in the most affectionate way, were eager, energetic, hungry. (Hungry to take a bite out of the Big Apple. Watch out for worms.) They knew how

to operate the latest digital camera equipment, had superstar editing skills, and were willing to work for nothing as an intern. They were young and enthusiastic, ripe to be taken advantage of.

When I found out that one of the applying interns was the nephew of the company vice president, I knew my days were numbered.

I expressed my concern with vice president. He invited me into his office, and told me to turn off my phone. We talked for an fifteen minutes. He confirmed my suspicions.

A few days later, I got a text from the vice president, asking me to meet him at the office. When I stepped inside the office, I saw the vice president, the CEO, and another guy, maybe a lawyer. We talked for about an hour. Mainly, they talked. I'm legally not allowed to share the details. They handed me a paper to sign, which I did. I was given two weeks notice and a mediocre severance package.

I expected this day to come, but not this fast, not while I was struggling with a weight problem, not while I was still reeling from a relationship that had gone south.

I didn't expect my life to look like this, not at my age anyway. I was 41 years old. I had lost my body shape. I was losing my hair. I had lost my girlfriend. And now, I had lost my job—a job in a highly competitive market that I was unlikely to replace anytime soon.

If this were a movie, the next scene would open with me sitting in a bar, some dark, dingy bar clouded with dust and smoke, in the middle of the day, in some dangerous area of Brooklyn, New York. Cue the sad music. Radiohead? Coldplay?

But, this wasn't a movie. This was my life. And I'm not into bars or drinking.

Instead, I found myself ("found myself" is a nice way of saying I had no choice in the matter) at "Sixteen Handles", a self-serve frozen yogurt shop, in Williamsburg, Brooklyn, New York.

41 years old. At a yogurt shop. By himself. On a Friday night.

Invisibility - not all heroes wear capes

Sitting there at the corner booth, I tried to disappear. But there was no hiding underneath the fluorescent lights. It was like eating underneath a UFO beam, one that was trying to suck up all the hipsters as they pulled the yogurt levers.

I spooned the delicious Mint Chocolate Chip “yogurt” into my mouth and, noticing the overflowing pot belly, my overflowing pot belly, I zipped up my jacket in a weak attempt to preserve the small amount of confidence I had left.

Happy hipsters on dates, and young Moms with their children, filtered in and out of the store. I sat there, a middle-aged, overweight bum, the kind of person you don't see in New York City because they are invisible.

At least I had one superpower—the ability to be invisible.

Not all superheroes wear capes. Some eat Mint Chocolate Chip yogurt, on Friday night, by themselves, at “Sixteen Handles”. PotBelly Man. Finally, a superhero for the rest of us. Coming soon to a theater concession stand near you.

Suddenly, I heard my name being called out.

I swung around to see my friend, Johnny, with a cute brunette at his side. I had met Johnny on a previous shoot. He was a camera operator at another production company. A super nice guy, originally from Ohio.

He introduced me to the brunette girl, whose name I immediately forgot. She went to get yogurt. He sat down beside me.

“Hey, I need to talk with you about something,” he started.

“I have this upcoming job and I'm not gonna be able to do it. I'm gonna be out of town. I was wondering if you could fill in for me. Since we've worked together before, it'd be no problem for the crew, since they already know you.”

When I heard his words, my smile was big enough to light up the room.

At that moment, everything changed for me.

Six weeks later, I was in South America, trudging my way through the Amazon Jungle, with a small crew, and experienced guides leading the way.

I was part of a team for a documentary shoot on a remote tribe that lived deep in the Amazon Rainforest.

It was a semi-dangerous undertaking and we all had to sign waivers before leaving. A few of the crew even took out large life insurance policies on themselves, just in case. Thinking about it now, I probably should have done the same. I had little clue of what to expect. My lack of knowledge and naivety kept me unafraid from the real dangers that surrounded us.

On the way there, trudging through the jungle, with the stifling humidity, treacherous terrain, and wild animals, the conditions were brutal. But, I was getting paid. I was outside of New York City. And it was good exercise. I felt more alive than ever.

The night before we were to make contact with the tribe, I felt even more excited. And, while sleeping amidst the sounds of animals on their nocturnal missions, I experienced lucid dreams, of being disembodied, of climbing trees that towered hundreds-of-feet in the air, and peeking out to see the canopy of the forest below, of running at tremendous speeds through the rainforest, then diving into waterfalls, and swimming effortlessly for long distances, being able to breath under water.

This is the first time that I've shared this dream and, even now, as I type these vivid memories, the hair on my arms stands at attention, like a field of wheat, ripe and ready for harvest. I read somewhere that our hairs are, essentially, protein strands—miniature antennas that collect signals and vibrations, that offer us an intuitive glimpse into current and future events .

Thinking about it now, I believe the dream was a harbinger of what was to come.

Little did I know that I was 24 hours away from discovering something so phenomenal, so profound, and so life changing, that it almost cannot be described in words.

Within 24 hours, my life, and the lives of the crew, would be changed forever by what we were about to witness.

This firsthand account would change everything.

There are moments in everyones lives that serve as a turning point, the moment you discovered something so profound about yourself or about your world, that, from then on, that moment serves as a valley, a kind of gulf, between “who you used to be” and “who you now are”.

Meeting the tribes people, and seeing what we were about to see, became that moment.

What we witnessed was incredible ...

People with superhuman strength

80-year old women who looked like they were in their forties

Men with rock-hard bodies

Men, women, children with perfect teeth

An entire people group whose average lifespan was 150 years

Men at 120 years old who still had the ability to father children

A tribe that had no known word for “sickness” or “disease” because they had never experienced either of these

I saw some of the tribes people communicate with animals

And more, much more ...

This is where my real journey began ...

Halfway around the world ...

Seeing things that I had never seen before ... that defy conventional thought, that shatter the foundations of science ...

Even then, as I witnessed this, and even now, as I write this, I know this: I was blessed to be a witness.

With the help of a translator, I interviewed the tribespeople. I took copious notes. Through these interviews, I discovered their ancient practices that gave them such strong bodies, such intelligent minds, such youthful skin, a vast energy reservoir that never seemed to run out, and the ability to communicate with animals and, in some cases, trees.

Seeing their abilities and talking to them, I realized that these people had what can only be described as superpowers.

I knew I had to share this with the world. I knew I had to put this into book form. To keep something like this secret is offensive.

This is how “30 Days to SuperPowers” was born—a culmination of the interviews and additional research, and discovering the ancient technologies and techniques practiced by these tribes people and others throughout history.

Outside of the United States, these ancient practices are still in use, and the benefits, on the physical level and on the emotional level, are vast reaching.

These techniques can be used to shed excess weight safely, and quickly, and reverse the aging process, gaining a more youthful appearance in as little as ten days or less.

The results of applying these little known techniques and ancient practices are beneficial and far reaching.

My ebook, “30 Days to SuperPowers” reveals the exact method you can apply immediately to see beneficial results within hours or days. These techniques work. In fact, they are guaranteed to bring beneficial results for your body, mind, emotions, and spirit.

You can get the same results that thousands of others have gotten when you apply the techniques in “30 Days to SuperPowers”.

The lifestyle and dietary habits practiced by this remote tribe enabled them to survive and thrive in the dense jungle of the Amazon Rainforest.

Once we made communication with this remote tribe, we set up camp on the outskirts of their village. All throughout the day and evening and night,

while shooting documentary footage, I got an up look at their life—their daily routines, their hunting schedule, their rituals.

These observations were confirmed when, on the fourth day, I got a chance to talk to one of the tribes people. Using a translator so I could communicate with him, I asked him questions about the tribes dietary habits and hunting schedule.

This is what I found out ...

Discover the Ancient Practices and Scientifically Proven Methods you can use to Lose Weight, quickly and safely, to get a flat stomach, fast, and to look 15-to-20 years younger, in ten days or less, guaranteed.

Get the Effective Cures for over 76 diseases, including cancer, glaucoma, arthritis, fibromyalgia, and many more. These cures actually work and that is why this book has been banned on social media platforms! Grab your copy of “30 Days to SuperPowers” before Big Pharma shuts the page down!

www.30DaysToSuperPowers.com

Visit: www.30DaystoSuperPowers.com and Grab your copy of this ebook that's been called “groundbreaking” and “controversial” and the real Fountain of Youth”.

Lose weight, quickly and safely ...

Cure over 76 diseases ...

Reverse the aging process ...

Grow thicker, shinier hair ...

And more, much more ...

www.30DaystoSuperPowers.com